

Calvert County Parks & Recreation

Cavalier Blue & "Gold Standard" Field Hockey Clinic

WITH THE COACHING STAFF AND PLAYERS OF CALVERT HIGH FIELD HOCKEY
AND SPECIAL COACHING SESSIONS FROM CURRENT COLLEGE PLAYERS AND
COACHES!

Activity# 441820A

Who: Girls in grades 3 - 8

Where: Calvert High School Field Hockey Field

When: Sundays in April, 2:00 pm - 5:00 pm; April 6, 13, 20, and 27

* Parents and Players should arrive 30 mins early to the first session to sign in.

NO EXPERIENCE NECESSARY!!!

Ball Handling
Hits and Stops
Shooting
Rules of the Game
Game Strategy
Offensive and Defensive Techniques
Strength & Conditioning
Scrimmages Each Session!



Players will need to wear athletic clothing and shoes. Shinguards and mouthguards are **REQUIRED!** Bring a water bottle. If you do not have a stick, we have some for use!

Cost - \$65 per player for 12 hours of instruction

To Register:

Registration for Clinic is limited. Please register early. For additional information and to register, call the Calvert County Parks & Rec Sports Office, Monday through Friday, 8:30 a.m. to 4:30 p.m. at 410-535-1600 or 301-855-1243 ext. 2227 or 2229, or visit the website for online registration at www.webtrac.co.cal.md.us

For Maryland Relay for Impaired Speech and Hearing at 1-800-735-2258. Calvert County Services are available to individuals with disabilities.